

# GET YOUR REAR IN GEAR 5K - ORLANDO, FL

## Overall Male Runner

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	192	Ricardo Rivera	00:23:41.84		Runner		7:37/M	7.9mph	1	20	

## Overall Female Runner

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	100	Alison Noesen	00:26:06.84		Runner		8:24/M	7.1mph	7	31	

## Male 19 & Under

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	179	William Ash	00:52:45.81		Runner		16:59/M	3.5mph	75	11	

## Female 19 & Under

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	182	Sara Mobeck	00:41:49.20		Runner		13:28/M	4.5mph	41	16	
2.	85	Morgan L.	00:50:50.73		Runner		16:22/M	3.7mph	67	14	

## Male 20 - 29

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	110	Jon Revels	00:27:42.99		Runner		8:55/M	6.7mph	11	23	
2.	69	Timothy Harris	00:47:05.76		Runner		15:09/M	4.0mph	57	29	
3.	209	Jonathan Jones	00:50:22.14		Runner		16:13/M	3.7mph	64	28	
4.	103	Will Oakley	00:51:37.35		Runner		16:37/M	3.6mph	70	23	

## Female 20 - 29

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	66	Gina Harris	00:35:51.08		Runner		11:32/M	5.2mph	19	28	
2.	139	Stephanie Williams	00:38:49.39		Runner		12:30/M	4.8mph	27	27	
3.	202	Daniella DeFreitas	00:41:09.14		Runner		13:15/M	4.5mph	38	20	
4.	80	Bethany Kelly	00:43:25.61		Runner		13:58/M	4.3mph	48	29	
5.	45	Ceejay Barnes	00:49:41.08		Runner		15:59/M	3.8mph	62	26	
6.	92	Meghan Mcphee	00:50:34.77		Runner		16:17/M	3.7mph	65	25	
7.	93	Samantha Melville	00:52:02.39		Runner		16:45/M	3.6mph	71	29	
8.	113	Abigail Ruoss	00:53:05.34		Runner		17:05/M	3.5mph	77	26	
9.	95	Tiffany Mobeck	00:58:32.22		Runner		18:50/M	3.2mph	96	21	

## Male 30 - 39

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	214	Norbert Forbeck	00:24:29.30		Runner		7:53/M	7.6mph	4	34	
2.	62	Shawn Flipse	00:27:47.35		Runner		8:57/M	6.7mph	12	35	
3.	86	Evan Lucey	00:51:19.13		Runner		16:31/M	3.6mph	69	32	
4.	127	Brent Terwilliger	00:53:37.06		Runner		17:15/M	3.5mph	79	38	

## Female 30 - 39

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	126	Kristy Teeter	00:33:13.73		Runner		10:41/M	5.6mph	16	39	
2.	46	Tara Batz	00:36:14.60		Runner		11:40/M	5.1mph	22	38	

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3.	49	Mary Brennan	00:38:43.08		Runner		12:28/M	4.8mph	26	38
4.	98	Nicole Myers	00:39:08.42		Runner		12:36/M	4.8mph	28	35
5.	138	Melissa Williams	00:40:12.64		Runner		12:56/M	4.6mph	34	31
6.	48	Danielle Boggs	00:40:56.84		Runner		13:11/M	4.6mph	36	35
7.	203	Lindsey Wright Boss	00:40:57.10		Runner		13:11/M	4.6mph	37	34
8.	60	Lindsay Filz	00:41:57.73		Runner		13:30/M	4.4mph	43	38
9.	117	Catherine Sheika	00:43:25.88		Runner		13:58/M	4.3mph	49	34
10.	67	Julia Harris	00:46:50.59		Runner		15:04/M	4.0mph	55	38
11.	50	Yvonne Chen	00:50:36.49		Runner		16:17/M	3.7mph	66	30
12.	97	Mary Moskowitz	00:53:38.30		Runner		17:16/M	3.5mph	80	36
13.	76	Ashley Johnson	00:57:13.38		Runner		18:25/M	3.3mph	93	31

## Male 40 - 49

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	114	Wilson Sasaki	00:23:48.66		Runner		7:40/M	7.8mph	2	41	
2.	112	Geovanni Roma	00:25:23.95		Runner		8:10/M	7.3mph	5	46	
3.	51	Raymond Brennan.	00:28:13.56		Runner		9:05/M	6.6mph	13	47	
4.	137	Marc Whelan	00:29:59.84		Runner		9:39/M	6.2mph	14	46	
5.	121	James Stoneburrowes	00:34:46.56		Runner		11:11/M	5.4mph	18	47	
6.	218	Lee Westgarth	00:40:13.80		Runner		12:57/M	4.6mph	35	40	
7.	204	Joshua Leigkf	00:46:23.73		Runner		14:56/M	4.0mph	53	40	

## Female 40 - 49

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	116	Ericka Scheid	00:26:20.62		Runner		8:29/M	7.1mph	10	40	
2.	84	Vanessa Krajco	00:36:13.20		Runner		11:39/M	5.1mph	20	43	
3.	106	Dawn Petch	00:36:14.38		Runner		11:40/M	5.1mph	21	40	
4.	115	Chemenda Sawyer	00:36:35.41		Runner		11:47/M	5.1mph	24	40	
5.	195	Deborah Votava	00:36:38.24		Runner		11:47/M	5.1mph	25	44	
6.	119	Sharon Smoley	00:39:12.45		Runner		12:37/M	4.8mph	29	40	
7.	217	Sandra Dallan	00:40:10.82		Runner		12:56/M	4.6mph	33	43	
8.	201	Elisabeth DeFreitas	00:41:09.39		Runner		13:15/M	4.5mph	39	47	
9.	58	Eva Ehinger	00:42:56.53		Runner		13:49/M	4.3mph	47	43	
10.	194	Kelly Randolph	00:45:20.07		Runner		14:35/M	4.1mph	50	48	
11.	91	Renata Mcfarland	00:50:54.12		Runner		16:23/M	3.7mph	68	44	
12.	72	Tangie Isidro	00:53:05.64		Runner		17:05/M	3.5mph	78	41	
13.	44	Vivian Baker	00:55:00.52		Runner		17:42/M	3.4mph	84	47	
14.	87	Kerry Lumppp	00:55:41.04		Runner		17:55/M	3.3mph	90	43	
15.	64	Gretchen Hahn	00:56:32.64		Runner		18:12/M	3.3mph	91	45	
16.	141	Paula Yeomans	00:58:22.75		Runner		18:47/M	3.2mph	95	48	

## Male 50 - 59

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	55	Joseph Corredor	00:24:13.46		Runner		7:48/M	7.7mph	3	53	
2.	206	Jonathan Yeung	00:26:04.32		Runner		8:23/M	7.2mph	6	59	
3.	57	Anthony Derosa	00:26:07.19		Runner		8:24/M	7.1mph	8	55	

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4.	42	Harry Armstrong	00:33:38.45		Runner		10:50/M	5.5mph	17	53
5.	68	Kelly Harris	00:46:50.95		Runner		15:04/M	4.0mph	56	53
6.	205	Allen Cotton	00:50:12.49		Runner		16:09/M	3.7mph	63	51

## Female 50 - 59

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	56	Shelli Custer	00:26:19.45		Runner		8:28/M	7.1mph	9	53	
2.	82	Tiffany King	00:32:09.97		Runner		10:21/M	5.8mph	15	52	
3.	136	Susan Weston	00:39:51.68		Runner		12:50/M	4.7mph	30	53	
4.	111	Gemma Roma	00:40:02.52		Runner		12:53/M	4.7mph	31	51	
5.	70	Tammy Hebert	00:41:41.85		Runner		13:25/M	4.5mph	40	50	
6.	207	Suzanne Nurse-Hylton	00:42:22.00		Runner		13:38/M	4.4mph	46	51	
7.	81	Lisa Killer	00:52:02.94		Runner		16:45/M	3.6mph	72	51	
8.	129	Natasha Tomko	00:52:54.13		Runner		17:02/M	3.5mph	76	52	
9.	54	Terry Clemons	00:54:44.52		Runner		17:37/M	3.4mph	82	56	
10.	216	Lynn Thompson	00:58:20.78		Runner		18:47/M	3.2mph	94	54	
11.	78	Karen Jones	00:58:42.81		Runner		18:54/M	3.2mph	97	58	

## Male 60 & Over

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	122	Charles Sweat	00:52:26.33		Runner		16:53/M	3.6mph	73	72	

## Female 60 & Over

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	41	Linda Adams	00:36:34.92		Runner		11:46/M	5.1mph	23	62	
2.	147	Regina Brinkle	00:41:53.69		Runner		13:29/M	4.5mph	42	60	
3.	118	Joan Siegel	00:42:07.17		Runner		13:33/M	4.4mph	44	63	
4.	71	Carrie Helfant	00:52:28.31		Runner		16:53/M	3.6mph	74	64	