

KERI ANNE DEMOTT FOUNDATION 10K

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
1	JASON KRING	OVIEDO, FL	M: 1	10K	574	00:42:40.61	06:52	8.7mph	Overall Male Runner: 1
			<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>		<u>Speed</u>	<u>Cumulative</u>
			1st 5k	00:21:53.820		07:02		8.5mph	00:21:53.820
			2nd 5k	00:20:46.792		06:41		9.0mph	00:42:40.612
2	ROBERT WOOD	CENTERBURG, OH	M: 2	10K	525	00:45:13.66	07:16	8.2mph	Overall Male Runner: 2
			<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>		<u>Speed</u>	<u>Cumulative</u>
			1st 5k	00:21:58.960		07:04		8.5mph	00:21:58.960
			2nd 5k	00:23:14.703		07:28		8.0mph	00:45:13.663
3	LAUREN WOOD	SUNBURY, OH	F: 1	10K	519	00:46:30.10	07:29	8.0mph	Overall Female Runner: 1
			<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>		<u>Speed</u>	<u>Cumulative</u>
			1st 5k	00:34:27.509		11:05		5.4mph	00:34:27.509
			2nd 5k	00:12:02.597		03:52		15.5mph	00:46:30.106
4	KRISTY KIERNAN	ORLANDO, FL	F: 2	10K	512	00:49:33.94	07:58	7.5mph	Overall Female Runner: 2
			<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>		<u>Speed</u>	<u>Cumulative</u>
			1st 5k	00:33:34.077		10:48		5.6mph	00:33:34.077
			2nd 5k	00:15:59.869		05:08		11.7mph	00:49:33.946
5	AMANDA LEATHERS	ORLANDO, FL	F: 3	10K	513	00:49:34.42	07:58	7.5mph	Overall Female Runner: 3
			<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>		<u>Speed</u>	<u>Cumulative</u>
			1st 5k	00:33:47.346		10:52		5.5mph	00:33:47.346
			2nd 5k	00:15:47.076		05:04		11.8mph	00:49:34.422
6	MONICA SANCHEZ-AYERS		F: 4	10K	587	00:51:30.25	08:17	7.2mph	Overall Female Runner: 4
			<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>		<u>Speed</u>	<u>Cumulative</u>
			1st 5k	00:34:12.527		11:00		5.4mph	00:34:12.527
			2nd 5k	00:17:17.732		05:34		10.8mph	00:51:30.259
7	SCOTT BUKSBAUM		M: 3	10K	591	00:54:29.86	08:46	6.8mph	Overall Male Runner: 3
			<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>		<u>Speed</u>	<u>Cumulative</u>
			1st 5k	00:37:43.239		12:08		4.9mph	00:37:43.239
			2nd 5k	00:16:46.624		05:24		11.1mph	00:54:29.863
8	CLAIRE MARCZAK	ORLANDO, FL	F: 5	10K	573	00:57:23.94	09:14	6.5mph	Overall Female Runner: 5
			<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>		<u>Speed</u>	<u>Cumulative</u>
			1st 5k	00:42:51.036		13:47		4.4mph	00:42:51.036
			2nd 5k	00:14:32.907		04:40		12.8mph	00:57:23.943
9	STEPHANIE GARDINER	NAPLES, FL	F: 6	10K	510	01:02:46.29	10:06	5.9mph	Overall Female Runner: 6
			<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>		<u>Speed</u>	<u>Cumulative</u>
			1st 5k	00:35:06.138		11:17		5.3mph	00:35:06.138
			2nd 5k	00:27:40.160		08:54		6.7mph	01:02:46.298
10	CARL METZGER	OVIEDO, FL	M: 4	10K	520	01:02:50.82	10:06	5.9mph	Overall Male Runner: 4
			<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>		<u>Speed</u>	<u>Cumulative</u>
			1st 5k	00:37:59.475		12:13		4.9mph	00:37:59.475
			2nd 5k	00:24:51.345		08:00		7.5mph	01:02:50.820
11	MARIA D'AMBROSIO	BOZEMAN, MT	F: 7	10K	572	01:02:52.70	10:07	5.9mph	Overall Female Runner: 7
			<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>		<u>Speed</u>	<u>Cumulative</u>
			1st 5k	00:36:26.061		11:43		5.1mph	00:36:26.061
			2nd 5k	00:26:26.639		08:30		7.0mph	01:02:52.700
12	KELLI ROBERTSON	OVIEDO, FL	F: 8	10K	516	01:15:13.38	12:06	5.0mph	Overall Female Runner: 8
			<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>		<u>Speed</u>	<u>Cumulative</u>
			1st 5k	00:38:52.501		12:30		4.8mph	00:38:52.501
			2nd 5k	00:36:20.879		11:41		5.1mph	01:15:13.380
13	CHRISTINA COLUCCIO	WINTER SPRINGS, FL	F: 9	10K	509	01:22:35.68	13:17	4.5mph	Overall Female Runner: 9
			<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>		<u>Speed</u>	<u>Cumulative</u>
			1st 5k	00:46:32.949		14:58		4.0mph	00:46:32.949
			2nd 5k	00:36:02.739		11:36		5.2mph	01:22:35.688
14	WESLEY MILKS	ORLANDO, FL	M: 5	10K	521	01:25:34.76	13:46	4.4mph	Overall Male Runner: 5
			<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>		<u>Speed</u>	<u>Cumulative</u>
			1st 5k	00:38:31.053		12:23		4.8mph	00:38:31.053
			2nd 5k	00:47:03.712		15:08		4.0mph	01:25:34.765
15	CRAIG MITCHELL	OVIEDO, FL	M: 6	10K	522	01:26:34.84	13:56	4.3mph	Overall Male Runner: 6
			<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>		<u>Speed</u>	<u>Cumulative</u>
			1st 5k	00:42:52.115		13:47		4.3mph	00:42:52.115
			2nd 5k	00:43:42.732		14:04		4.3mph	01:26:34.847
16	JACKLYNN STROZ	ORLANDO, FL	F: 10	10K	518	01:26:34.99	13:56	4.3mph	Overall Female Runner: 10
			<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>		<u>Speed</u>	<u>Cumulative</u>
			1st 5k	00:42:52.345		13:47		4.3mph	00:42:52.345
			2nd 5k	00:43:42.653		14:04		4.3mph	01:26:34.998

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17	DOMINIQUE PETERS	ORLANDO, FL	F: 11	10K	514	01:26:35.25	13:56	4.3mph	Overall Female Runner: 11
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				1st 5k		00:42:51.898	13:47	4.3mph	00:42:51.898
				2nd 5k		00:43:43.354	14:04	4.3mph	01:26:35.252
18	ERIK RONEY	ORLANDO, FL	M: 7	10K	524	01:26:36.08	13:56	4.3mph	Overall Male Runner: 7
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				1st 5k		00:43:11.324	13:54	4.3mph	00:43:11.324
				2nd 5k		00:43:24.756	13:58	4.3mph	01:26:36.080