

TITAN STRONG 10K

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
1	TIMOTHY ODONOHUE		M: 1	Runner	2165	00:42:50.82	06:53	8.7mph	Overall Male Runner: 1
			<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
			First 5k Time	00:21:18.336		06:51	8.7mph	00:21:18.336	
			2nd 5k Time	00:21:32.486		06:56	8.7mph	00:42:50.822	
2	GARY MAZE	POMONA PARK, FL	M: 2	Runner	2036	00:43:25.96	06:59	8.6mph	Overall Male Runner: 2
			<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
			First 5k Time	00:21:21.861		06:52	8.7mph	00:21:21.861	
			2nd 5k Time	00:22:04.101		07:06	8.4mph	00:43:25.962	
3	CHASE PENNA	ORANGE CITY, FL	M: 3	Runner	2039	00:46:06.84	07:25	8.1mph	Overall Male Runner: 3
			<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
			First 5k Time	00:21:23.809		06:53	8.7mph	00:21:23.809	
			2nd 5k Time	00:24:43.033		07:57	7.5mph	00:46:06.842	
4	RICK PAINE	DEBARY, FL	M: 4	Runner	2038	00:46:22.99	07:27	8.0mph	Male 55 - 59: 1
			<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
			First 5k Time	00:22:36.649		07:16	8.2mph	00:22:36.649	
			2nd 5k Time	00:23:46.342		07:39	7.8mph	00:46:22.991	
5	HICHAM MEDROMI	CASABLANCA,	M: 5	Runner	2037	00:46:53.86	07:32	7.9mph	Male 50 - 54: 1
			<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
			First 5k Time	00:22:26.902		07:13	8.3mph	00:22:26.902	
			2nd 5k Time	00:24:26.958		07:52	7.6mph	00:46:53.860	
6	MAX SMITH	DEBARY, FL	M: 6	Runner	2049	00:47:33.04	07:39	7.8mph	Male 50 - 54: 2
			<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
			First 5k Time	00:23:14.222		07:28	8.0mph	00:23:14.222	
			2nd 5k Time	00:24:18.826		07:49	7.7mph	00:47:33.048	
7	DEREK GRIEVE	DELTONA, FL	M: 7	Runner	2020	00:48:06.22	07:44	7.8mph	Male 45 - 49: 1
			<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
			First 5k Time	00:22:44.171		07:19	8.2mph	00:22:44.171	
			2nd 5k Time	00:25:22.058		08:09	7.3mph	00:48:06.229	
8	LITSA TAYLOR	DELAND, FL	F: 1	Runner	2164	00:49:55.92	08:02	7.5mph	Overall Female Runner: 1
			<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
			First 5k Time	00:24:17.359		07:49	7.7mph	00:24:17.359	
			2nd 5k Time	00:25:38.561		08:15	7.3mph	00:49:55.920	
9	ANGELA MAZE	POMONA PARK, FL	F: 2	Runner	2035	00:50:25.88	08:06	7.4mph	Overall Female Runner: 2
			<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
			First 5k Time	00:26:13.039		08:26	7.1mph	00:26:13.039	
			2nd 5k Time	00:24:12.846		07:47	7.7mph	00:50:25.885	
10	DARREN ELKIND	ORANGE CITY, FL	M: 8	Runner	2012	00:51:04.10	08:13	7.3mph	Male 45 - 49: 2
			<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
			First 5k Time	00:25:38.489		08:15	7.3mph	00:25:38.489	
			2nd 5k Time	00:25:25.619		08:11	7.3mph	00:51:04.108	
11	NEFTALI SANCHEZ	DEBARY, FL	M: 9	Runner	2127	00:51:19.67	08:15	7.3mph	Male 70 - 74: 1
			<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
			First 5k Time	00:25:20.810		08:09	7.4mph	00:25:20.810	
			2nd 5k Time	00:25:58.867		08:21	7.2mph	00:51:19.677	
12	RICHARD ULUSKI		M: 10	Runner	2172	00:52:01.39	08:22	7.2mph	Male 35 - 39: 1
			<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
			First 5k Time	00:23:26.797		07:32	8.0mph	00:23:26.797	
			2nd 5k Time	00:28:34.601		09:11	6.5mph	00:52:01.398	
13	JACOB DILLON	DELTONA, FL	M: 11	Runner	2010	00:53:14.96	08:34	7.0mph	Male 15 - 19: 1
			<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
			First 5k Time	00:25:29.548		08:12	7.3mph	00:25:29.548	
			2nd 5k Time	00:27:45.419		08:56	6.7mph	00:53:14.967	
14	DEBRA SCHREIBER	DELTONA, FL	F: 3	Runner	2045	00:53:34.16	08:37	7.0mph	Overall Female Runner: 3
			<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
			First 5k Time	00:25:25.199		08:10	7.3mph	00:25:25.199	
			2nd 5k Time	00:28:08.962		09:03	6.6mph	00:53:34.161	
15	ELDA DIAZ	SORRENTO, FL	F: 4	Runner	2009	00:54:31.86	08:46	6.8mph	Female 35 - 39: 1
			<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
			First 5k Time	00:27:24.156		08:49	6.8mph	00:27:24.156	
			2nd 5k Time	00:27:07.709		08:43	6.9mph	00:54:31.865	
16	ROSEY SOTO		F: 5	Runner	2173	00:54:36.86	08:47	6.8mph	Female 40 - 44: 1
			<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
			First 5k Time	00:26:28.683		08:31	7.0mph	00:26:28.683	
			2nd 5k Time	00:28:08.177		09:03	6.6mph	00:54:36.860	

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17	CINDY CLEAVENGER	ORANGE CITY, FL	F: 6	Runner	2006	00:55:31.73	08:56	6.7mph	Female 45 - 49:	1
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						First 5k Time	00:27:28.004	08:50	6.8mph	00:27:28.004
						2nd 5k Time	00:28:03.734	09:01	6.6mph	00:55:31.738
18	MICHELE FRANCO	DEBARY, FL	F: 7	Runner	2015	00:55:39.27	08:57	6.7mph	Female 45 - 49:	2
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						First 5k Time	00:27:36.636	08:53	6.8mph	00:27:36.636
						2nd 5k Time	00:28:02.642	09:01	6.6mph	00:55:39.278
19	DARREN HUNT	ORANGE CITY, FL	M: 12	Runner	2024	00:58:21.36	09:23	6.4mph	Male 50 - 54:	3
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						First 5k Time	00:28:16.805	09:06	6.6mph	00:28:16.805
						2nd 5k Time	00:30:04.561	09:40	6.2mph	00:58:21.366
20	JORDAN JACOBS	ORANGE CITY, FL	M: 13	Runner	2027	00:59:34.92	09:35	6.3mph	Male 10 - 14:	1
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						First 5k Time	00:27:50.630	08:57	6.7mph	00:27:50.630
						2nd 5k Time	00:31:44.293	10:12	5.9mph	00:59:34.923
21	TYLER LEAVY	LAKE MARY, FL	M: 14	Runner	2033	00:59:36.70	09:35	6.3mph	Male 30 - 34:	1
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						First 5k Time	00:28:33.105	09:11	6.5mph	00:28:33.105
						2nd 5k Time	00:31:03.597	09:59	6.0mph	00:59:36.702
22	CEDRIC ADAMS	MIRAMAR, FL	M: 15	Runner	2001	01:00:00.14	09:39	6.2mph	Male 40 - 44:	1
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						First 5k Time	00:31:04.262	10:00	6.0mph	00:31:04.262
						2nd 5k Time	00:28:55.882	09:18	6.4mph	01:00:00.144
23	BOBBIE JO GRIEVE	DELTONA, FL	F: 8	Runner	2018	01:02:20.35	10:01	6.0mph	Female 40 - 44:	2
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						First 5k Time	00:29:50.175	09:36	6.2mph	00:29:50.175
						2nd 5k Time	00:32:30.180	10:27	5.7mph	01:02:20.355
24	CLAUDIA SMITH	DEBARY, FL	F: 9	Runner	2048	01:04:02.41	10:18	5.8mph	Female 45 - 49:	3
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						First 5k Time	00:31:10.343	10:02	6.0mph	00:31:10.343
						2nd 5k Time	00:32:52.068	10:34	5.7mph	01:04:02.411
25	OLIVER ANDREWS	YEOVIL, Eng	M: 16	Runner	2002	01:05:15.35	10:30	5.7mph	Male 40 - 44:	2
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						First 5k Time	00:29:03.348	09:21	6.4mph	00:29:03.348
						2nd 5k Time	00:36:12.006	11:39	5.1mph	01:05:15.354
26	ALAIN SMETS	SANFORD, FL	M: 17	Runner	2046	01:05:49.18	10:35	5.7mph	:	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						First 5k Time	00:31:42.745	10:12	5.9mph	00:31:42.745
						2nd 5k Time	00:34:06.441	10:58	5.5mph	01:05:49.186
27	JAVIER BELTRAN	KISSIMMEE, FL	M: 18	Runner	2004	01:05:49.45	10:35	5.7mph	Male 40 - 44:	3
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						First 5k Time	00:30:58.115	09:58	6.0mph	00:30:58.115
						2nd 5k Time	00:34:51.336	11:13	5.3mph	01:05:49.451
28	KACEY DEAN	DEBARY, FL	F: 10	Runner	2007	01:06:25.01	10:41	5.6mph	Female 40 - 44:	3
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						First 5k Time	00:31:19.610	10:04	6.0mph	00:31:19.610
						2nd 5k Time	00:35:05.406	11:17	5.3mph	01:06:25.016
29	DEBBIE LOOKINGBILL	ORANGE CITY, FL	F: 11	Runner	2034	01:08:22.83	11:00	5.5mph	Female 55 - 59:	1
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						First 5k Time	00:32:49.663	10:33	5.7mph	00:32:49.663
						2nd 5k Time	00:35:33.168	11:26	5.2mph	01:08:22.831
30	ARLENE JORDAN	DELAND, FL	F: 12	Runner	2029	01:08:29.13	11:01	5.4mph	Female 50 - 54:	1
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						First 5k Time	00:32:46.493	10:32	5.7mph	00:32:46.493
						2nd 5k Time	00:35:42.645	11:29	5.2mph	01:08:29.138
31	SARAH JACKSON	DELEON SPRINGS, FL	F: 13	Runner	2026	01:08:30.68	11:01	5.4mph	Female 25 - 29:	1
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						First 5k Time	00:32:49.106	10:33	5.7mph	00:32:49.106
						2nd 5k Time	00:35:41.576	11:29	5.2mph	01:08:30.682
32	DONNA HIGBEE	ORANGE CITY, FL	F: 14	Runner	2023	01:08:30.82	11:01	5.4mph	Female 45 - 49:	4
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						First 5k Time	00:32:50.977	10:34	5.7mph	00:32:50.977
						2nd 5k Time	00:35:39.843	11:28	5.2mph	01:08:30.820

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33	JOHN DEVITO	ORANGE CITY, FL	M: 19	Runner	2008	01:10:47.84	11:23	5.3mph	Male 45 - 49: 3	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						First 5k Time	00:33:06.098	10:39	5.6mph	00:33:06.098
						2nd 5k Time	00:37:41.743	12:07	4.9mph	01:10:47.841
34	OLIVIA WILSON	ALTAMONTE SPRINGS, FL	F: 15	Runner	2051	01:11:35.40	11:31	5.2mph	Female 20 - 24: 1	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						First 5k Time	00:33:08.034	10:39	5.6mph	00:33:08.034
						2nd 5k Time	00:38:27.374	12:22	4.8mph	01:11:35.408
35	SYDNEY KUYKENDALL	DELAND, FL	F: 16	Runner	2031	01:11:39.10	11:31	5.2mph	Female 20 - 24: 2	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						First 5k Time	00:33:07.505	10:39	5.6mph	00:33:07.505
						2nd 5k Time	00:38:31.603	12:24	4.8mph	01:11:39.108
36	NISHAUNTAE JOHNSON	NEWBERRY, FL	F: 17	Runner	2028	01:13:39.00	11:51	5.1mph	Female 20 - 24: 3	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						First 5k Time	00:35:02.689	11:16	5.3mph	00:35:02.689
						2nd 5k Time	00:38:36.312	12:25	4.8mph	01:13:39.001
37	GABRIEL GONZALEZ	ORLANDO, FL	M: 20	Runner	2016	01:19:16.29	12:45	4.7mph	Male 45 - 49: 4	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						First 5k Time	00:37:58.365	12:13	4.9mph	00:37:58.365
						2nd 5k Time	00:41:17.934	13:17	4.5mph	01:19:16.299
38	KATHY SMETS	SANFORD, FL	F: 18	Runner	2047	01:20:05.67	12:53	4.7mph	Female 50 - 54: 2	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						First 5k Time	00:38:55.621	12:31	4.8mph	00:38:55.621
						2nd 5k Time	00:41:10.058	13:15	4.5mph	01:20:05.679
39	LORETTA REVLETT	ORANGE CITY, FL	F: 19	Runner	2043	01:21:11.56	13:04	4.6mph	Female 55 - 59: 2	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						First 5k Time	00:40:12.796	12:56	4.6mph	00:40:12.796
						2nd 5k Time	00:40:58.768	13:11	4.5mph	01:21:11.564
40	MARIEANN BANNAN	DELTONA, FL	F: 20	Runner	2003	01:22:17.86	13:14	4.5mph	Female 60 - 64: 1	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						First 5k Time	00:39:04.375	12:34	4.8mph	00:39:04.375
						2nd 5k Time	00:43:13.488	13:54	4.3mph	01:22:17.863
41	JERMAINE PULLIAM	DELTONA, FL	M: 21	Runner	2041	01:22:44.66	13:18	4.5mph	Male 35 - 39: 2	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						First 5k Time	00:37:20.022	12:00	5.0mph	00:37:20.022
						2nd 5k Time	00:45:24.640	14:36	4.1mph	01:22:44.662